

Introduction to Sustainability and Net Zero

Training planner

Duration - 2.5 Hours (a separate 1-hour Sustainability Essentials course might be considered e.g. lunch time webinar)

Venue - Online or in person (Activities adapted to online)

Interactive - 4 Activities

Learning outcomes

SUSTAINABILITY

- Understand the Jargon
- Recognise the bigger policy context
- Pillars of Sustainability
- Have a foundation understanding on the global and local need for sustainability
- Acquire practical approaches for embedding sustainability personally and into your organisation

NET ZERO

- Gain an understanding into the scientific background to Climate Change
- Climate myths
- Understand where we are currently, and where we need to be, and how we can get there.
- Examine how you can reduce your impact, including the challenges and opportunities
- Develop an action plan to reduce your carbon footprint and improve organisational sustainability.

Course Content and timing

Content	Approx timing
PART 1 - Sustainability	
Welcome, introduction and course overview	5mins
Activity 1: Reflection and Sustainability Jargon	10mins
Policy context (legislation etc) – Why it is important	10mins
What is sustainability? Pillars of Sustainability – overview	10min
Why do we need sustainability on a global and local level? (touch on social value, procurement, and carbon etc.)	10mins
Who is responsible for sustainability? Run through e.g. of HR for example and the methods they can use to embed sustainability.	10mins
Activity 2: Practical approaches for embedding sustainability (groups of given job descriptions and need to list approaches to become more sustainable and how they can embed sustainability) – briefly run through examples. Ideally 4 groups but dependent on number of participants	15mins
COFFEE BREAK	15mins
PART 2- Net Zero	
Scientific background to Climate Change (What are the causes of CC?) How is the climate changing and its impacts?	10mins
Activity 3: Myth busting – Quick activity, which has a bigger carbon footprint	5mins
Policy, Targets and Overview of NI levels. Where we are and where we need to be.	10mins
How can we reduce our impact? (Scope 1, 2 & 3). Personal and organisational. Challenges and Opportunities (with some polls)	20mins
Activity 4: Develop an action plan to reduce carbon footprints and improve organisational sustainability. Individual but can discuss among group as a lot of common ground. Outcome empowering them to make some change in their own organisation.	15mins
Wrap up, Questions and concluding remarks	5mins